



John Gaspar Soccer Academy Developmental Program

U.S. Soccer Federation Player Development Initiatives

Reinforces John Gaspar Player Development Philosophy

The Focus: Moves away from bigger, faster, stronger.

It also moves the focus away from the team onto the Individual Player.

This change will cause many parents and coaches to rethink how teams will be formed moving forward and this should take place with each Individual player in mind based on his or her Developmental needs

Academy Developmental Training Program

The Soccer Centre Indoor Facility is the ideal setting to develop players of all ages. Through the use of small sided-games players will be completely immersed in fast pace decision making and problem solving, resulting in the skill foundation needed to be part of the dynamic, evolving game of soccer. Under pressure players will also enjoy the game more by having more touches on the ball

With small sided games the Focus of Individual Tactical Training is the Decision Making Process (Reading the Game)

Our goal is to develop players with great mobility on and off the ball. (Pass & Move)

Lethal finishers who possess outstanding judgment, confidence and skill

Players develop three (3) varieties of speed - Tactical Speed: Recognizing what to do; reading the game situations

Technical Speed: Being able to instantly apply the selected skills Physical Speed: Quickness and speed

When our top players reach their goal they have developed: Technique – Intuition --- Personality--- Speed

The format of training is to replicate situations that players must recognize and make sound decisions in order to be affective and successful

The Academy's long term Priority is to develop Skills and Abilities. The Program is devised so our players can play in an environment conducive to the development of the Wide range of Skills Soccer Demands. We strive for Improving Skills with the ball, developing intelligence with and without the ball while fostering quicker decisions and partnerships within the group

This Program is designed to Increase Speed-Agility-Quickness-Coordination & improves stamina and condition

The program also provides the Ultimate Individual Ball Skills and the Ultimate foot work

Our goal at the Academy is to teach and correct individual soccer technique. Players must be encouraged to practice those skills at home.

Parents must understand, to develop a young soccer player is a lengthy process.

To teach and correct individual soccer technique takes a lot of time, patience and repetition.

There is no magic formula or a short cut is about working hard with players to improve their skills.

Players need to be put in the best possible environment to succeed and that SUCCESS requires a long term approach and commitment

In all sports with the proper age groups: Talent-Awareness-and Toughness, are all important factors for players to possess and they are often prime determinants of a player and team success on the field.

Loss of training time is a loss of skill development.

